



## **Living & Working in the UK – One Day Course**

This course is designed to give a rapid understanding of cultural difference and diversity in a business setting as well as equipping families for the transition involved in relocating to the UK. The course is highly interactive, and through presentations and facilitated discussions you will develop a clear insight in how the British think and work.

Delivered in a dynamic and lively style, each 4-6 person group course is based on the cultures and experiences of the participants. At the end of the course each participant will have learned methods and tools that can be used to efficiently achieve their individual goals.

### **Introduction**

- Establishing participants' experience levels and backgrounds
- Bringing out concerns and examples of culture difference from the participants

### **What is so Different About Cultural Diversity?**

- What is culture? Difference? Diversity? – Examples of Difference
- Why and how are we different? – Our Different Backgrounds
- How can we be more culturally effective? – Actions we can take to be Better

### **Diversity at Work – What Can You Expect?**

- Getting started – introductions, greetings, and meetings
- Power and Influencing - differences in the office
- Punctuality, productivity and manners - What, When and How?
- Diversity – Age, religion, gender, diet, and alcohol
- Communication – Getting Your Message Across to the Other “Tribe”
- Relationship building – Trust, Rapport and Business Friendships

### **Living, Fitting in, and Staying Safe**

- Getting a Social Life together
- Finding the Facilities you need
- Key preparation
- Your Concerns
- Ideas for a good start

### **Adapting to the British Culture**

- Tackling our Assumptions, Preconceptions and Judgements
- Active listening skills
- Absorbing History and Context to use values as a guide
- Behaviour seen from a fresh perspective
- Patience and accommodation – Adaptation
- Personal Action Plans